



7th Annual

  
**Breast Health Summit**

**Educate. Navigate. Advocate.**

*Breast Health Summit Day 1*

*United Way of Houston, 50 Waugh Drive, Houston, Texas 77007*

*Thursday, October 20*

8:30 a.m. – 9:00 a.m.

**Registration**

9:00 a.m. – 9:15 a.m.

**Welcome**

Amy S. Deutsch, DNP, RN, CNS, AOCNS & Naureen Ismail, RN, Co-Chairs

9:15 a.m. – 10:30 a.m.

**Breast Cancer & Access to Care: The Texas State of Affairs**

**Moderator:** Shern-Min Chow, Anchor/Report, KHOU-TV, Channel 11, Global Introduction

**Panelists:**

Camille Miller, MSSW, ACSW, President/CEO, Texas Health Institute

David Jacobson, VP of Sales & Marketing, Entrust Insurance Co.

Karen Love, BBA, MHA, Executive Director, Harris County Healthcare Alliance

Andrea Caracostis, MD, MPH, CEO, Asian American Health Coalition dba Hope Clinic & Member of the Texas Association of Community Health Centers (TACHC)

**10:30 a.m. – 10:45 a.m.**

**Break & Tai Chi: Light & Salt Association Breast Cancer Support Group**

10:45 a.m. – 11:45 a.m.

**Reclaiming Intimacy: Breast Cancer Sexuality Issues and Answers**

Michael L. Krychman, M.D., FACOG, Medical Director, Sexual Medicine at Hoag Hospital & Executive Director of Southern California Center for Sexual Health and Survivorship Medicine, Newport Beach, CA

**11:45 a.m. – 12:45 p.m.**

**Lunch & Learn**

**Antioxidants & Supplements: The Good, the Bad and the Ugly**

Natalie Davis Carmouche, MS, RD, LD, Clinical Dietitian, Memorial Hermann Healthcare System

12:45 p.m. – 1:45 p.m.

**Presentation:**

**Men & Breast Cancer**

Frankie Ann Holmes, MD, Medical Oncologist, Texas Oncology & Michael Dale, two-time breast cancer survivor

**1:45 p.m. – 2:00 p.m.**

**Pink Pilates & Break**

2:00 p.m. – 3:00 p.m.

**Presentation:**

**Integrative Oncology and the Power of Lifestyle Change**

Richard Lee, MD & Lorenzo Cohen, PhD, MD Anderson Cancer Center

3:00 p.m. – 3:30 p.m.

**Wrap Up & Networking**

## ***Breast Health Summit Day 2***

***Friday, October 21***

8:30 a.m. – 9:00 a.m.

### ***Registration***

9:00 a.m. – 9:15 a.m.

### ***Welcome***

Amy S. Deutsch, DNP, RN, CNS, AOCNS & Naureen Ismail, RN, Co-Chairs

9:15 a.m. – 10:15 a.m.

### ***Psychosocial/Spiritual Support for Breast Cancer Patients, Survivors and Their Families throughout the Cancer Continuum***

The Reverend Gerald DeSobe, PhD, Executive Director, Krist Samaritan

***10:15 a.m. – 10:30 a.m.***

### ***Break & Go to Subgroup Meeting Rooms***

***10:30 a.m. – 11:30 a.m.***

### **PROFESSIONAL TRACK:**

#### ***Lymphedema and Latest Research Initiatives for Lymphedema***

Eva M. Sevick, PhD, Director of the Center for Molecular Imaging, University of Texas Health Science Center's Institute of Molecular Medicine, Houston

### **SURVIVOR TRACK:**

#### ***Looking forward after Breast Cancer***

Heidi Jensen, MS, RD, CSO, LD, Registered Dietician specializing in Oncology Nutrition, START (South Texas Accelerated Research Therapeutics) Center for Cancer Care, San Antonio

Crystal Brown-Tatum, CEO, Founder of Crystal Clear Communications & three-year breast cancer survivor, Baton Rouge, LA

### **COMMUNITY HEALTH WORKER TRACK:**

#### ***Individual and Familial Breast Health Service Coordination Issues in the Community: The Role of the Community Health Worker***

Elizabeth Kelly, PhD, RN, CNS-CH, BC-HSP & Marion Scott, MSN, RN, BC-HSP, Houston Community College, Coleman College for Health Sciences

***11:30 a.m. – 12:30 p.m.***

### ***Lunch & Learn***

12:30 p.m. – 1:30 p.m.

### **TOPIC – (SUBGROUPS MEET)**

### **PROFESSIONAL TRACK:**

#### ***A Researcher's Perspective: Myths and Facts about Triple Negative Breast Cancer***

Suzanne Fuqua, PhD, Professor of Medicine, Baylor College of Medicine, Houston & Julie Nangia, MD, Baylor College of Medicine, Houston

### **SURVIVOR TRACK:**

#### ***Navigating the Impact of Breast Cancer: Finances & Resources***

**Facilitator:** Adriana Higgins, EdD, Executive Director, Susan G. Komen

#### **Panelists:**

Joe Bontke, U.S. Equal Employment Opportunity Commission (EEOC), & Chair of the Governor's Committee on People with Disabilities

JoAnn Matthis, Senior VP, Prosperity Bank

Sandra Harris, LMSW & Certified Financial Coach, Family Services of Greater Houston

Tara Melton, Team Manager, American Cancer Society Patient Service Center, Austin

### **COMMUNITY HEALTH WORKER TRACK:**

#### ***Advocating for Breast Health by Community Health Workers Starting at the Community Level***

Elizabeth Kelly, PhD, RN, CNS-CH, BC-HSP & Marion Scott, MSN, RN, BC-HSP, Houston Community College, Coleman College for Health Sciences

1:30 p.m. – 1:45 p.m.

*Break*

1:45 p.m. – 2:45 p.m.

**TOPIC – (SUBGROUPS MEET)**

**PROFESSIONAL TRACK:**

*Examining Advances in Management of Breast Cancer during the Last 30 Years*

**Moderator:** Richard Theriault, DO, Medical Oncologist, MD. Anderson Cancer Center

**Panelists:**

Marilyn Leitch, MD, FACS, Surgeon, Professor of Surgery, ST Harris Family Distinguished Chair and Breast Surgery, UT Southwestern Medical Center, Dallas

Peter Ravdin, MD, Medical Oncologist and breast cancer researcher, San Antonio

Mary Lou Smith, JD, MBA, Co-founder of the Research Advocacy Network and formerly Director of Patient, Payer and Government Relations for the Coalition of National Cancer Cooperative Groups, Chicago

**SURVIVOR TRACK:**

*Renewed Hope Through Clinical Trails*

**Moderator:** Rachel Midgett

Elly Cohen, PhD, Program Director, Breastcancertrials.com, San Francisco

Murali Beeram, MD, Board Certified Medical Oncologist and Clinical Investigator, The START Center, San Antonio

Jennifer J. Wheler, MD, Assistant Professor, Department of Investigational Cancer Therapeutics, Division of Cancer Medicine, The University of Texas MD Anderson Cancer Center, Houston

**COMMUNITY HEALTH WORKER TRACK:**

*Interpersonal Relationship Challenges and Strategies in Breast Health Patients: An Exploration at the Familial Level*

Elizabeth Kelly, PhD, RN, CNS-CH, BC-HSP & Marion Scott, MSN, RN, BC-HSP, Houston Community College, Coleman College for Health Sciences

2:45 p.m. – 3:30 p.m.

*Closing Remarks*